

Teresa is currently Vice Chair of the EFDE Board of Directors and also has epilepsy herself. She was originally diagnosed with absence seizures when she was 7 years old, but was able to have a full career in emergency medicine for over 20 years. Teresa is also the mother of a wonderful 24 year old son (who is also an EFDE board member) and a lovely 22 year old daughter, who have been her sources of support.

Four years ago her life took a turn when her seizures converted to tonic clonic seizures which, fortunately, have been under control. However, she has developed significant short term memory loss and cognitive decline as a result of this. Consequently, she can no longer practice medicine, but has turned her challenges into opportunities, such as helping others in the EFDE community. Many silver linings have come from this unexpected journey and she hopes to continue to inspire those around her to see that there is indeed hope, joy and light when one is faced with adversity.