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## May 2024 Newsletter



### Lace Up Your Sneakers!

It's almost here! Join us for a fun morning on June 1, 2024 at Glasgow Park for our Freedom From Seizures 5K - North to help raise awareness and support the Epilepsy Foundation of Delaware. Register to run, walk, or form a team, come to cheer on the racers, or donate to one of our fundraisers! However you choose to support our mission, it is greatly appreciated! Click here to register



5K North Run/Walk



### May Meet & Greet

Join EFDE in the community on Saturday May 4th from 10am- 2pm as we collaborate with the **Middle DE Alumnae Chapter of Delta Sigma Theta Sorority, Inc.** at their Wellness

Expo with a focus on Mental Health Awareness & Preventative Care!

### The Wellness Expo will Include:

- Free Health Screenings
- Fitness and Yoga Demonstrations
- CPR Instructions
- Mobile Blood Drive
- HIV Testing
- Music and Kids Activities
- Food Trucks

**Date:** Saturday May 4th

**Time:** 10am - 2pm

**Location :** Silver Lake Elementary School, 200 E. Cochran St, Middletown, DE

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### Oh What a Night!

An Evening With EFDE: *60th Celebration* was a huge success thanks to everyone who came out to Schellville Village to celebrate, our dedicated committee, our loyal sponsors (*Nemours Children's Health, Jazz Pharmaceuticals, Schell Brothers, Clean Energy USA, SK Life Sciences, Sumitomo, UCB, Marinus, Beebe Healthcare and Neurelis*), the generous organizations that donated food, drinks, desserts (*The Starboard, Paradise Grill, Ava's, Bethany Blues, Wheelhouse, Mulligan's, JD Shuckers, Highwater Management, End Zone Bar & Grill, and the Coffee House*), and all those who donated items to the auction and raffles. We are honored and excited for the next 60 years of



serving the epilepsy community in  
Delaware!



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## 2024 Delaware Epilepsy Warrior



The Epilepsy Foundation of Delaware congratulates Hannah Carlisle as the recipient of the 2024 Delaware Epilepsy Warrior Award. Hannah is a senior at Sussex Academy and has been dedicated to spreading epilepsy awareness during her four years there, as well as raising funds for the EFDE through very successful bake sales! We are grateful for Hannah and her family's presence in our community and wish her the best as she graduates and begins her college career!



## Annual Fund Update

Thank you to our friends who have made a gift to the EFDE Annual Fund! Your generosity, *no matter the amount*, is essential in providing educational and support programs, increasing awareness, and leading advocacy efforts throughout Delaware. All of our services and resources are provided at *no charge*, thanks to your kindness. Thanks to all who donated in April:

Brian Bartley - Joseph Cunningham - Miriam & William Mullen - Karen & Patrick Ruby - James & Rhonda Lehr - Val Budischak - Frank & Connie Kurzeknabe - Brian Miller - Anne Adams - SECC United Way of DE - JP Morgan Chase Foundation - Amerihealth Caritas

Don't see your name? There is still time! Make your gift before JUNE 30 and join this fantastic group of supporters.

Support EFDE

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### Meet & Greet - Virtual

EFDE invites you to pull up a chair in your favorite spot at home and join us for our Virtual Meet & Greet. Our Special Guest is **Christa Zachariah, PhD (Biomedical Engineering), LivaNova, Senior Medical Science Liaison (VNS, Epilepsy)** her topic will be : VNS in Drug Resistant Epilepsy.

We look forward to what we will learn! Click the M & G Virtual below to join us!

**Date:** Thursday May 16th

**Time:** 630pm -7:30pm

**Location:** Zoom



M & G Virtual

[We're Saving Lives](#)



The Epilepsy Foundation of Delaware was pleased to present Seizure First Aid Training to the following organizations during the month of April:

University of Delaware - St. David's Episcopal Day School - State of Delaware Correctional Officers

*If your workplace or school would benefit from Seizure First Aid Training, contact us to schedule your FREE Zoom or in-person course.*

### Training Opportunity



Join the EFDE in wishing a very **Happy Birthday** to all celebrating a May Birthday!!

Andrea Tully

*Have an upcoming birthday? Click here to let us know so we can celebrate you!*

Happy Birthday



### Meet Brian Bartley...

I have had epilepsy since early childhood. I have been fortunate to manage my seizure disorder so as to enable me to enjoy a long professional career as an attorney, advocating for others. I believe that the challenges and stigmas I faced as a person with epilepsy inspired me to become an attorney.



LET'S  
link UP

## Monthly Events & Programs

- **May 4th - MAC Wellness Expo** - Silver Lake Elementary School, 200 E Cochran St, Middletown, DE 19709
- **May 16th - Virtual Meet & Greet** featuring an informational conversation **with:** Christa Zachariah, PhD (Biomedical Engineering) LivaNova, Senior Medical Science Liaison (VNS, Epilepsy)
- **June 1st - Annual 5K Freedom from Seizures Run/Walk** - Glasgow Park- 2275 Pulaski Hwy, Newark, DE 19702



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