

Annual Report 2022



WORKING TOGETHER, THRIVING TOGETHER

Delaware's epilepsy community thrives when working together! The second half of 2021 saw a return to masks and distancing, but together, we persevered. We held our Delaware Epilepsy Conference in hybrid mode so we were still able to come together safely and provide valuable information to the community. We came together for our Night Out and honored some very special teachers who made an immense impact on the lives of students with epilepsy. Fun was had by all at our Spring Fling complete with ice cream and reptiles!

In addition to all the fun we had gathering as a community, we also learned ways to support each other in our many support group sessions. We practiced valuable relaxation skills through Project UPLIFT and were certified (or gathered a group to be certified!) in Seizure First Aid.

Whether you serve on the board, attend our events, create a team for Freedom from Seizures 5k or just call for advice and support when you need it, we thank you! Working together is the best way to assure that all of Delaware's epilepsy community is supported and uplifted! Please continue to stay involved! Scan the QR code for our website or type www.efde.org in your browser.



Sincerely,
Val Budischak

Val Budischak, LCSW
Executive Director

Christy L. Poole

Christy L. Poole, MSM-HCA, RN
President, Board of Directors

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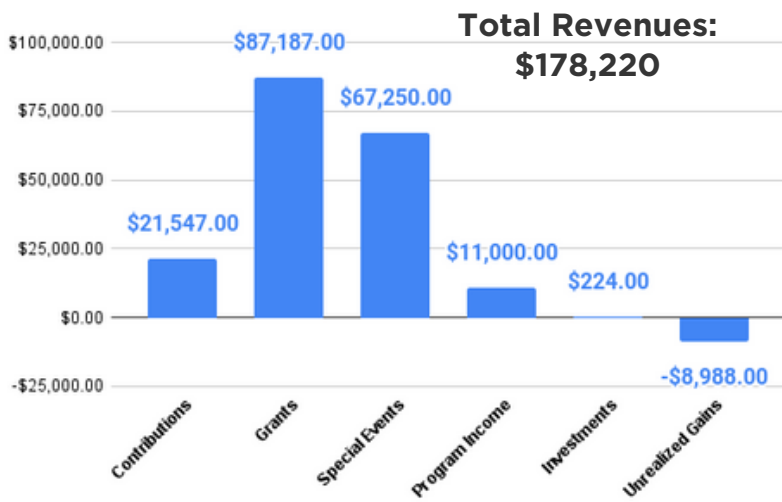
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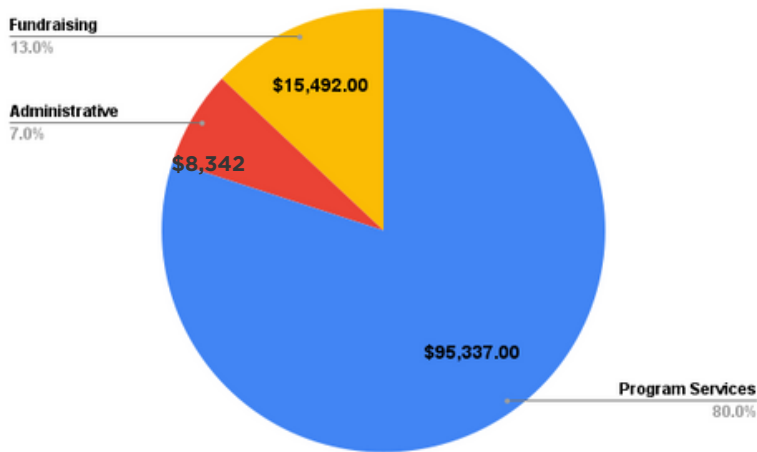
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Financial Statement FY 2021-2022



**Total Expenses:
\$174,224**



A YEAR IN

Review

Our training programs teach the community life saving seizure first aid, while our support programs provide resources and fellowship for people with epilepsy and their loved ones.

The number of law enforcement officials now equipped with life saving information to help folks with epilepsy.

173



166 Early Childhood Educators from all three counties were trained in Seizure First Aid.

More Support Group Fun! We had more support groups this year including a spring fling and fall festival!



Our self management programs ran for 32 weeks this year! Adults with epilepsy joined us to learn stress relief and self management techniques.

In Honor Of:

Dr. Fischer
Christopher Smith
Bella
S. Charles Bean, MD

In Memory Of:

Amanda Williams
Yara Heston
Doris Moulton
Guang Gao

Crystal Johnson
Laurie Patterson
Donnie Franklin
Don Franklin